Welcome to C-Track

What is C-Track?

C-Track (C for Citation award and College scholarship program) is a plan enabling teens to continue in Awana® past T&T™ even though their church does not offer a Trek® or Journey™ program. The goal of C-Track is to allow teens to complete the handbooks and also to benefit from the 2-18 overall integration plan of the Awana program. This integration plan is based on the Master Life Threads: Respect, Wisdom, Grace, Destiny and Perspective. Trek and Journey focus on the Life Threads of Destiny and Perspective — necessary values for a biblical worldview.

C-Track Guidelines

1. Only students who attend a church that does not have a Trek and/or Journey program may be involved in C-Track. Teens who attend a church with Trek and/or Journey must participate in the established program. C-Track is not an option for those teens.

2. A teen must connect with a qualified adult at the church for verse and Bible study sign-off. Qualified adults include: Awana leaders, directors, commander, pastor, youth pastor or other staff member. (From now on, for the purpose of simplicity and consistency, we will refer to these adults as “mentors.”) A letter is provided in this guide for the teen to give to his or her mentor. The purpose of the letter is to make the church aware of the teen’s continued study. (We realize that in many cases, the teen and/or the teen’s parents may feel comfortable talking with the leadership and the letter would be unnecessary.)

3. Requirements for completing the books are the same as if the teens were involved in an established Trek and/or Journey program. The one exception would be the requirements to bring a friend. The substitute requirement is for the teen to bring a friend to youth group or church. A list of more specific requirements is provided in this guide.

4. The mentoring adult needs to keep a record of the teen’s achievements. (A Citation Matrix for record keeping is provided on this guide.) Book completion records should be kept by the Awana secretary.

5. Books and awards will be ordered through the Awana program at the church. (We assume that a majority of teens will do C-Track through the church where they attended the younger Awana clubs.)

6. Teens are strongly encouraged to take part in the church youth program. C-Track is not a substitute for youth group involvement.

7. Teens on the C-Track are also encouraged to participate in area Bible Quizzing and Summit™ (an annual event sponsored by Awana in which Journey students from across the country meet in a central location for spiritual enrichment, community building with other Journey students and competition in fine arts, games and Bible quizzing).

8. Leaders or parents who want to earn their Citation can also do C-Track.

C-track is not an option for the younger clubs. Trek and Journey books are Bible studies which can be done in a group, but can also be done individually. Much of the teaching in the younger clubs is in addition to the handbooks whether that is in Large Group Time or in Handbook Time.
C-Track Frequently Asked Questions

FAQs

1. My youth pastor said he would work with me, but we’re confused about what I’m actually supposed to do. Who can answer my questions?

Look at the list of requirements posted on this guide. If you don’t find the answer here, contact your missionary or email us at headquarters at awana.org/youthministry.

2. We do have a Journey group at our church, but I don’t really like going. I have basketball on the same night. C-track is the answer!

C-Track is NOT available to teens who attend a church with an established Trek or Journey program. C-Track is NOT meant to take the place of your church youth group activities.

3. My friend from school is doing C-Track at her church and she says the commander is only making her do a Main Study each year and that electives are not required. My commander says I have to do a Main Study and an Elective.

Your commander is correct. Each year, a Journey teen must do Faith Foundations, a Main Study and an Elective.

4. I would like to go to Summit as part of a team, but I am the only one doing C-Track at my church. So how can I do that?

Contact Journey groups in your area and ask if anyone is going to Summit. Or contact your missionary and ask if there is any Journey group in your area which you could join. (Headquarters would not be able to answer this question.)

5. I am working toward a college scholarship. How do I keep a record of my Awana achievements?

You may use the Citation Matrix provided in this guide. Make sure your mentor signs it to authenticate it.

6. My friends also want to do C-track. Can we start a group?

You will need to ask the commander or youth pastor at your church for permission. Ask them to help you get organized. If they are not sure what to do, suggest they contact your Awana missionary.

7. I want to do C-Track and my parents agree, but the logistics aren’t working too well. What can I do?

Look for churches in your area that provide Trek and Journey programs. (Most churches welcome teens even if they don’t regularly attend the church.) Teens can search for this information on the Awana website. Look on top of the website and you will see the heading “Awana locator.” Click on the site. All you need to do is put in your zip code and you will get a list of churches in your area that have Awana. Each church will also list which of the Awana programs they offer. However, the churches are responsible for keeping these lists up to date and sometimes that doesn’t happen! So call first and make sure they have Trek or Journey.
Trek Overview

- Trek includes three years of curriculum. Each year consists of two Bible studies contained in the same book. The front cover of the book introduces one of the 12-lesson Bible studies. Turn the book upside down and you will find that the back cover of the book introduces the second 12-lesson Bible studies.
- If your church offers T&T through fifth grade and a middle school youth group for sixth, seventh and eighth graders, you will need to complete all three years of Trek curriculum.
- If you participated in T&T through sixth grade, you will need to choose two years of Trek curriculum.
- You do not have to do the Compass Points.
- All students must begin by completing the Trek Check entrance brochure.
- The Trek Challenge segments are extra credit and are optional. They are not required for book completion awards.

For a complete understanding of the different lesson segments in the Trek books, see: http://www.24-7ministries.org/workers/training/docs/all-about-trek-and-journey.pdf

Here is the order of Trek studies for the next six years.

- 2011 – 2012 — Dashboard Series
- 2012 – 2013 — Billboard Series
- 2013 – 2014 — Roadsign Series
- 2014 – 2015 — Dashboard Series
- 2015 – 2016 — Billboard Series
- 2016 – 2017 — Roadsign Series

Guidelines for specific sections:

- Oasis segments must be completed — all verses in Oasis must be recited.
- Invite your friends section — Since you don’t have a Trek ministry in your church, invite your friends to youth group or church.
Journey Overview

Journey is a four-year curriculum.

You must do one of the Faith Foundations each year.

You must complete a Main Study each year.

Most Journey groups work on the same Main Study. (This is necessary for quizzing and Summit.) The Journey section of the Awana Ministry Catalog shows which Journey Main Study is currently recommended.

2011-2012 — Main Study 1
2012-2013 — Main Study 2
2013-2014 — Main Study 3
2014-2015 — Main Study 4

You must also complete an elective. Since you are doing Journey on your own, you may choose which elective to do. If your church has more than one student doing C-Track, you may all want to choose the same elective.

A central requirement of the Journey curriculum is to read through the Bible. Each Main Study lists the Bible books assigned for that year. (You will find these books in back of the Journey Main Studies. You need to record the date/dates you read the book and also give your mentor a brief summary of the book’s theme.)

At the back of the Main Study, you will find three additional requirements.

Part One — You need to bring a visitor to church. This includes your youth group, a regular service, Sunday school or other special youth activity.

Part Two (a) — You need to take part in a long-term service project. You could help out with the younger clubs as an LIT — that’s a great option. Other projects are suggested, but you can also get permission from your mentor to do something unique which is not listed.

Part Two (b) — You will need to attend a Christian training seminar. An easy way to do this is attend an Awana Ministry Conference in the fall. (An AMC would work well if you serve as an LIT) These are held all over the U.S., so there should be one not too far away from you. Other teens will also be at the conference. You could attend other types of training too. Check with your mentor to see if you have chosen an acceptable event.
Use this chart as a checklist to record your progress in earning the Citation Award.

Watch for these award milestones:
- 4 books = Timothy Award
- 6 books = Meritorious Award
- 10 books = Citation Award

Once you complete a book and including activities/requirements listed in each box, record your accomplishment completed by putting a number in the circle.

REMEMBER:
Where you start doesn’t matter, it’s that you’ve completed the correct number of requirements!

The Citation Award is intended for graduating seniors. If you didn’t start until Journey, yet you completed all four books and activities, you earn the Timothy Award for a job well done!
Dear ______________________ (Commander, Pastor, Youth Director),

Thank you for the opportunity to participate in the Awana® program at our church. I have enjoyed the many benefits of weekly activities and growing spiritually as I have memorized God's Word and have learned how to apply His Word to my daily life.

I would like to continue in Awana through an option called C-Track which is for kids like me who do not have a Trek® and/or Journey™ program at their church. Besides the continued Bible study, I am also aiming to earn my Citation, which is the highest award anyone can earn in Awana. Did you know that 41 colleges offer scholarships to those students who have earned their Meritorious or Citation awards? The cost of college combined with the rising cost of living makes a scholarship very desirable!

I would also like to complete the Awana program to receive the full benefit of the Master Life Thread integration upon which Awana is based. (See the Awana website for more information: www.awana.org.)

I do not intend for C-Track to take the place of our church youth program. I will still participate in the regular youth activities.

However, I do need your help.

1. I will need to order the books and end-of-the-year awards through our church.
2. I must say my verses and have my Bible studies checked by someone at the church — an Awana leader from one of the younger clubs or someone on the church staff. Would you be that person? Or could you suggest someone who could?

Thank you for your help with this. I appreciate you and all you do for the church.

Signed,

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